



Euphrasia Training College for Women

(Affiliated to University of Calicut)

Kattoor P O, Pin-680702, Thrissur Dist., Kerala

Ph.: 480 – 2877364, +91 – 9746736378

Email: euphrasiatrg@gmail.com Website: euphrasiatrainingcollege.org

Student induction programs

Date: 27/03/2023

Visit to Pratheeksha Bhavan, Irinjalakuda on 27/03/2023



Report :Pratheeksha Training Centre a home for mentally challenged children to realize the dream of children with disabilities to achieve equal opportunities leading to better value of life and fully contribute in a society that respects their rights and dignity.Students from our institution visited Pratheeksha Bhavan interacted with the children.

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Date: 19/06/2023

Literary activity: Reading day celebration on 19/06/2023



Report: We provide facilities for the literary activities in the college. Our students organize reading day in a very systematic manner. Reading day in our college is important because it develops student's minds and gives the excessive knowledge and lessons of life. It helps the students to understand the world around you better. It keeps their mind active and enhances their creative ability. Communication Skills: Reading improves their vocabulary and develops their communication skills.



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Date:21/06/2023

Yoga day : Yoga day celebration on 21/06/2023



Report: The activities in yoga day helped the students to reduce stress and anxiety. It enabled the students to have an awareness about their health needs and the needs of flexibility in life. Yoga practices help cleansing and activating all the muscles and organs of the students body .



[Signature]
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Date:30/11/2023

International day for elimination of all kinds of violence against women on 30/11/2023



Report: The activities in this program were aimed at sensitizing students about a very serious issue and expanding knowledge in regard to the same .In fact the students gained a whole new perspective about violence against women. Children learned how to defend violence against women.




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