

EUPHRASIA TRAINING COLLEGE FOR WOMEN

KATTOOR

(Affiliated to the University of Calicut)



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REFLECTIVE JOURNAL

Name..... DELNA MARIA

Year..... 2021-2023 Reg. No. EUAVTPN005

Optional Subject..... PHYSICAL SCIENCE

CERTIFIED BONAFIDE RECORD

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PRINCIPAL

Principal

Euphrasia Training College

Faculty



DIARY

Day - 1

14/9/2022

Wednesday

Today it was the first day of our teaching practice. As always I felt tensed since we have to take the class in English. We were 13 students from Euphrasia training club for teaching practice to St Anne's school. Sr. Bhavya was our leader. We entered school before 9:15 and participated in teachers' prayers. Teachers gave hearty welcome to school. Then we visited our concerned teachers to get the time table. We have 9 hours in a week so it will be busy schedule. This day was Hindi day - so there were many programs conducted by students in assembly. It was all in Hindi, songs, poems, speeches, dance performance etc was there.

As per time table I have class at VIII C and IX A today. Setting and adjusting timetable was difficult task. There was a clash in timetable for Athulya, solving it we searched for many ways. At last Sr. Joan solved the problem. There was PTA meeting for 10th std, today at 3:00 clock. And students of class IX and X are going to picnic on Friday morning to outy methupalayam. So at my hour at 6th, the students were not present in class, since they were called for meeting. I engaged the remaining students. And in the next hour I had class at VIII C. I felt very hard to manage the students in that class. Today I don't started any topic. Just introduced my self and tried to study names of children. So today it was all good. And tomorrow I have to

write

Day - 2

15/9/2022

Tuesday

Today it was the second day of teaching practice. I reached school at 9:00 A.M. We attended it teachers prayers. Teachers asked for our prayers, since because 5 bus students and teachers are going for tour tomorrow at 6:00 A.M. The assembly was conducted by 8:00 students. I had class in 8:00 at 2nd year. I was little nervous to take class in the presence of concerned teacher - ~~Sir Ravi~~. But due to the some other works Sir was not present to observe the class. The students were attentive and responded to my questions and class well. So I feel confident to continue my class. The students which was very noisy and undisciplined when I visited them to introduce my self and get acquainted them ^{yesterday} was well disciplined and attentive when I started to take class today. I felt very relaxed. I think students could follow my class.

After the class I went back to our place. Then I prepared lesson plan for coming class. At noon interval I went to serve food for the children. and we also got food from school itself. I met Ligi teacher and Rami teacher today who taught me in 1st & 5th class. I felt happy to see them. At 12:00 clock there was class PTA for 9th class and 3:00 PTA meeting for 8th std. Since teachers was gone to meeting I had to attend the class VIII.C. But as seen yesterday I seem the undisciplined version at that time. I struggled to manage the students. I said them to sit in their seats.

Day 3

16/9/2022

Friday

Today I reached school at 9:15 before the teachers prayer since the teachers and 9th, 10th students had gone for trip the no of teachers was less and only 8th students was only in school. The assembly was conducted by 8th students. It was Hindi Assembly. Principle said us to engage the students in the free periods and give them P.T period. Today there was bhajram for meal and since we was free, we gone to cut the vegetables and help in kitchen. We also got food from school itself. Yesterday I did a blunder I wrote my lesson plans for 9th class in 8th class record. Sister bhavya helped me to clear them so I had planned to go to 8th class to take class even though I had no hour today. But since teachers was not there I prepared to take class. At that time sports teacher called them for selection. Teacher called me when there was selection for 50 discus throw. Teacher gave me to throw it before children, I was excited since I am taking it after long 8-9 years. I can't do perfectly, but gone through ~~my~~ memories, when I was there in sports and sports competitions, practice, etc. I helped teacher in the selection process. There was running, long jump and discuss through selection today.

Overall today, we had done many extra curricular ~~or~~ beyond class activities, but did not get chance to take class.


Principal

Day - 5

20/9/2022

Tuesday

Today we can't attend teachers prayer because there was school resource group meeting at that time for teachers. So we went to prayer room. We signed our register before prayer. I had two classes today. One in 8th hour and in 9th hour. I was prepared for the class I went to class with teaching aids. I started class with ppt. I think students are following the class. In noon interval we prepared for the next class. Today for meal we had pulses and cabbage.

In the second class in 9th hour, I am not feeling much confident, because the response from students are very low in that class. I want to improve in interaction with students. I presented a working model. After class I went to prayer room. I feel I am not satisfied and not feeling good in my class presentation.

After we deemed the materials that we bring to show experiments and demonstrations. Today there was off stage youth festival competitions like, poem writing competitions.



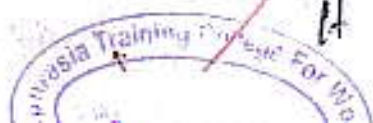
[Signature]
Principal
Euphrasia Training College For Women
Kattoor

Day - 37

20/11/22
Tuesday

Now we are going through the last days of our teaching practice in high school. The portions are approximately done. As usual reached on time in school and signed on register. After prayer sister said that the school bus met with an accident. Also further thank God that no further casualties are there. In evening when I was free and so completed my pending works. In afternoons I had an hour in 9C. There I discussed their doubts and some problems. One of the student asked why I am not having much attachment with our class compared with other classes. The answer to their question, I showed there itself. Next period we got an observation class by Anjana teacher. It was in 10-B. The topic she dealt with was nomenclature of organic compounds. She took class well and there was very much to learn from her way of teaching.

It was a good day.



Atak

EUPHRASIA TRAINING COLLEGE FOR WOMEN

KATTOOR

(Affiliated to the University of Calicut)



Valued
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22/02/2023

OBSERVATION REPORT

Name DELNA MARIA

Year 2021-2023 Reg. No. EUAVTPN005

Optional Subject PHYSICAL SCIENCE

CERTIFIED BONAFIDE RECORD

[Signature]
Faculty



[Signature]

PRINCIPAL
Principal
Euphrasia Training College

[Signature]
Principal
Euphrasia Training College For Women



Observation report of mentors

Submitted to,

Reshama miss.

Submitted by

Delna Manta
Physical science



Delna Manta

Principal
Euphrasia Training College For Women

Observation report - 1

Name of the teacher	Anjama	std : X B
Name of the school	St. Anne's C.P.S Edathirathy	Strength : 44
Subject	Chemistry	
Unit	Nomenclature of organic compounds	Duration : 40 min
Topic	Introduction to or- ganic compounds	Date : 22/11/22

Preparation

Teacher introduced the topic by asking about the compounds which contain carbon. She properly utilized their previous knowledge on the topic and asked several questions to get the focus of children to the topic. She revised the previous portion which discuss about organic chemistry. Organic chemistry deals with carbon compounds. She meaningfully communicated the importance of organic compounds. Student interaction was good. She introduced the term nomenclature which meant the naming of something. She invited the attention of students to the

Learning phase

She had good subject knowledge. She used models of atoms to explain the topic effectively. She had a great skill in maintaining discipline of the class. She meaningfully and effectively utilised the black board to convey the concept clearly to students. She asked questions throughout the class to understand their level of achievement. She cleared the doubts of children. The topic she discussed in the class was very small. But she perfectly conveyed them as it is the base. She moved through students as they don't get out of the class. There was voice modulation, meaningful gestures and movements throughout the class which made the class more interesting.

Closure.

She was pleasant and confident. She could create good rapport with students. She efficiently summarised the lesson. The black board summary developed was worth informative. She asked several questions in the wind up section and appreciated their positive responses. She showed her excellence in teaching by maintaining discipline in class and her questioning.

Observation report - 2

Name of the teacher	Anjana	Standard: IX
Name of the school	St Anne's G.H.S Edathimutty	Strengths: 42
Subject	Chemistry	Duration: 40 min
Topic	Introduction	Date: 03/11/22
Unit	Acid, bases and salts	

Preparation phase

Teacher began the class effectively by arranging the students properly in their seats. Then she created a teaching atmosphere in the class and learning mood in students. She asked several questions on the topic, that they have studied in previous years. Students' response on previous year topics was limited, because last 2 years they haven't studied anything deep due to the COVID crisis. So teacher has given a good introduction about the topic. She had demonstrated experiments using indicator (litmus paper) and showed the color change to recognize whether the given substance is acid or base. She tested vinegar, lime water, soap solution, concentrated HCl, etc. Students' participation in experiment was good. It could create curiosity, love for the

Observation report - 3

Name of the teacher - Timku	Standard: X B
Name of the school - St. Anne's Girls Edathiruthy	Strength: 44
Subject - Physics	Duration: 40 min
Unit - Refraction of light	Date: 24/11/22
Topic - formation of image using lens.	

Preparation

Teacher began the class by greeting all students. At the beginning of class she managed to give motivation to all students. She had good subject knowledge. She asked several questions to the children on previous topic. Students actively responded to teacher. The language and communication was very fluent. The student participation throughout was good. The objectives of lesson were conveyed in excellent manner. She was much confident in her words & actions. Teacher maintained good interaction with whole class and maintained good teaching and learning atmosphere in classroom. She nicely used blackboard.



Timku
Principal

Ethirasia Training College For Women
Kannur

Observation report - 4

Name of the teacher	Sra. Maryel	Standard	X
Name of the school	St. Annes Co-Ed S Edatbiruthy	Strength	44
Subject	Physics	Duration	40 min.
Topic	Introduction to Vision & world of colors.	Date	24/11/22

Preparation phase

Teacher began the class effectively by greeting the students. At the beginning of the class she made specific motivation for lesson. so her starting was quite good. Teacher has good subject knowledge. she tried to ask several questions to the class regarding the topic and tried to obtain maximum points from students itself. The objectives of lesson was conveyed in good manner. Teacher was very much confident in her words and attains. The class was very interesting, interesting and very live. Teacher in the beginning of class said everyone to close their textbook. she made a correlation of the topic with biology. a very familiar to us to understand. It was eye with lens. Teacher maintained a good interaction with whole class and made the students involve in learning process.

Observation report - 5

Name of the teacher : Elizabeth

Std: X. A

Name of the school : St. Anne's G.H.S
Edathirathy

Strength : 42

Subject : Chemistry
Unit : Compounds of
non metals

Duration : 40 min.

Date : 25/11/22

Topic : Ammonia

Preparation

She was an experienced teacher. The way of teaching was really class. She created a good teaching and learning atmosphere in class. She asked students questions on previous topic. Students actively responded to questions teacher asked their previous knowledge. She interacted freely with students. She used voice modulations to make class more interesting and attractive. She used videos, experiment and blackboard well to explain the topic. There was pupil-pupil and teacher pupil interactions through out the class. In the class the preparation and properties of ammonia was discussed.

J. Satish

Principal

For Women

Observation report 6

Name of the teacher: Babitha	Standard: VI
Name of the school: St. Anne's Cops Edathimulaj	Strength: 42
Subject: Basic science	Duration: 40 min
Unit: Moon & stars	Date: 29/10/21
Topic: Day and night	

Preparation

The class was well arranged. The teacher actively communicated with students. Teacher asked questions on previous years questions of portions discussed in last class. Then teacher asked students whether they see nightmares. Then asked one to explain it. Then teacher asked children whether they like day time or night. Students responded well throughout the section. The way of 2 way communication was good. Teacher seems to be very pleasant and confident in her topic. She could attract the attention of students to the topic. She was aware about the objectives of the lesson and conveyed it properly. Teacher asked children how day and night

Observation report - 7

Name of the teacher	Silraj	slc: VII-A
Name of the school	St Anne's C.P.S Edathiruthy	Strength: 44
Subject	Basic Science	Duration: 40 min
Unit	Path of heat flow	Date : 29/11/22
Topic	While heating	

Preparation.

The class was well arranged. The teacher had created an active studying environment. She engaged the class with examples from real life situations and experiments. To make the class active, she asked several questions on the previous topic. She appreciated the students for correct responses. She checked one or 2 of children's notebooks to confirm whether they did their follow up activities. She managed to ask questions throughout the class that she could ensure complete participation of students in the class. She could focus the students' attention to the topic by reforming simple

Observation report - 8

Name of the teacher:	Babitha	standard:	VI
Name of the school:	St. Anne's C.O.P.S Edathiruthy	strength:	42
subject	: Basic science	duration:	40min
unit	: Moon and stars	date:	30/11/22
Topic	: sunrise and sunset		

Preparation

The teacher had created an active studying atmosphere in the classroom. She asked questions on previous topic. It helped to gain the complete focus and attention of students to the topic. It also helped in complete participation of students. She started the class utilising the previous knowledge. She had focused their minds by asking some questions like how does the sun setting in the west rise in the east again. How we feel sunrise and sunset etc. It could create a curiosity and interest in students to the topic. So students actively involved in whole class.

Learning phase.

Observation report - 9

Name of the teacher:	Silmy	Std: VII-A
Name of the school:	St. Ann's G.U.P.S Edathirathy	Strength: 44
Subject:	Basic science	Duration: 40 min
Unit:	paths of heat flow	Date: 30/11/22
Topic:	Heat transmission different modes	

Preparation

Teacher was very pleasant and confident in her appearance. She created a good teaching and learning atmosphere in the class. Teacher asked several questions from the previous topic discussed in last class. All of the students responded nicely. Teacher managed to check and read their homeworks by children. Before going to the topic she just gives summary of the previous topic. She used some experiments and videos to convey the new topic. There was good interactions among teacher and student.

Observation report 10

Name of the teacher	Babitha	Std : VI B
Name of the school	St. Anne's C.P.S Edathirathy	Strength : 42
Subject	Basic Science	Duration : 40 min
Topic	The mystery of moon's crescent	Date : 4/2/22
Unit	Moon & Stars	

Preparation

Teacher created a good teaching and learning atmosphere in the classroom. She had good rapport with students. She asked questions on the previous class. Students actively responded to those questions. There was teacher student interactions and student-student interaction in the class. Teacher read the answers of the follow up activities and discussed their doubts. The class was well arranged. She was aware of the objectives of the lesson. Teacher brought a model of moon's crescent which helped to increase their enthusiasm. Teacher said to discuss the features of moon and its shape.

Supervision Diary

Mentors

Jesna Anto
Physical Science

SUPER VISION DIARY

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Principal
Euphrasia Training College For Women
Kattoor

Roll No : VIII D

Date : 11/10/2022

Topic : Magnetic Induction

Learning objectives : → To understand the phenomenon of magnetic induction
→ To analyse the polarity formed due to magnetic induction.

Teacher uses effective learning aids to transmit the concept of Magnetic induction. She uses bar magnets, U magnets and magnetic needles and conducted experiments effectively. Students ~~were able~~ understood the concepts very well. Students responded very well. The class was little bit teacher-centred. She should cater for weak students and make

Ed : VIII D

Date : 16/10/2023

Topic : Classification of mixtures

Teacher conveyed the concept of mixtures in effective way. Teacher uses the visual aids to help the students to understand the concept.

group activity is not done. Live experiments is not done. Students are answering to the questions. ^{class notes are given.} Overall class was effective.



A. S. K. e
Principal
Euphrasia Training College For Women
Kattoor

The way of teaching of Jesna Anto was very good. She always tried her best to give the knowledge properly through simple experiments. Teaching aids was relevant and she displayed it at right context. She also included thought provoking questions in the class. She had good rapport with students.

There was logical flow of information with continuity. She had given suitable assignment and asked review questions. She can improve her teaching learning process by including little more group activities. Overall her class was very good.

Nimisha



Prabha

Principal
Anandrasia Training College For Women

1/12/2024

The class began with the introduction of the taking part. Teacher

explained each point very well.

Teaching aids helps to the students to grasp the portions very quickly.

she careful to ask the question.

while going through the lesson.

It is doubtful that the children were able to give equal attention

to all. Overall very good

she conducted.

Abir

Principal

Abirasia Training College For Women
Kottor

Supervision Diary

School Teachers

Name : Jesna

Class : IX - D

Topic : Periodic table

Date : 26/09/2023

The topic periodic table discussed in the class IX - D on 26/09/2023. The class management was neat and clear. The subject knowledge was good and effective. Proper learning aids and activities provided in the proper time.



Principle
Principal,
Anuradha Training College For Women

Name : Jesna

Class : VII D

Topic : Let us use symbols

Date : 9/11/2023

The topic 'Let us use symbols' discussed in VII D on 9/11/2023. The symbols are discussed in the learning aid 'chart' in an effective way. Overall the class was good.



Ashu

Principal
Euphrasia Training College For Women

5

Name : Jerna

class : VI D

Topic : magnetic poles

Date : 21/11/2023

The topic magnetic poles
discussed in the class VI D

on 21/11/2023. The class
management was good and

proper group activities were

provided in a proper

time. The closure and follow

up activities was good.



A. S. C.

Principal